

## **INTERNATIONAL YOGA DAY 2024**



I PLENGE TO IMBIBE YORA AS A LIFESTYLE BY PRACTICING IT REGULABLY. BOTH FOR MYSELF AND WITH MY FAMILY.

## Certificate of Pledge

This is to certify that

Dr Sangram keshari Pradhan

from

Mahayogi Guru Gorakhnath AYUSH University, Gorakhpur

has taken the pledge on 18-Jun-2024

Yoga for Harmony & Peace